



## **Mongolia Stage Race, experience the adventure.**

If you had doubts about where to spend the holidays for next August, if you also like to run and look for a different challenge, a new adventure, the Mongolia Stage Race is the perfect plan for this summer.

Mongolia Stage Race is a unique experience, a different race, an unforgettable adventure that will take place entirely in the lonely and incredible steppes of Mongolia, in the Orkhon Valley.

A running race designed for all levels, 108 miles / 174 km and 7,340m of accumulated altitude divided into 6 spectacular stages. Each stage allows you to discover mountains, virgin rivers, isolated lakes, remote dunes, wild animals and landscapes of unusual beauty.

In addition, one of the objectives of the organization is to take maximum care of their runners and companions, so that they feel at home.

Only arrive will pick you up at the airport. From that moment "forget" your luggage, the organization will take it for you, during each of the stages, so that you only have to load the essentials to run (such as a camera).

A local team will cook you every day, at the end of each stage. Also, they will prepare your ger as if it were a luxury hotel. Yes, you will sleep in the real Mongolian houses, the gers (or yurts) where the nomadic culture still prevails. Everything will be ready to rest and regain strength for the next stage.

The "Mongolia Stage Race" will end at the emblematic 16th century Buddhist monastery Erdene Zuu... Once the race is finished, you will still have one more day to rest, relax, and make the last minute purchases. And already according to the schedules of departure of the different flights, in a staggered way, they will leave you again at the airport.

End of the adventure!

A unique experience, a different career, an unforgettable adventure.



## Program and Profile of the stages

Day 1, Friday, August 9 Reception, day off, dinner welcome.

Day 2, Saturday, August 10 Gers camp, briefing.

Day 3, Sunday, August 11 STAGE 1 - 23.55 km + 286 m

Day 4, Monday, August 12 STAGE 2 - 33.20 km + 91 m

Day 5, Tuesday August 13 STAGE 3 - 27.15 km + 611 m

Day 6, Wednesday, August 14 STAGE 4 - 36.68 km + 933 m

Day 7, Thursday, August 15 STAGE 5 - 39.51 km + 1443 m

Day 8, Friday, August 16 STAGE 5 - 13,85 km + 237 m

Day 9, Saturday August 17 Free morning and airport transfers.

Registrations open from November 15 (see the interesting promotions for the first enrolled).

All information at [www.mongoliastagerace.com](http://www.mongoliastagerace.com)

Promotional video: <https://youtu.be/6fUJSFh0RF8>

#MongoliaSR  
11-16 August 2019

## Social networks

Facebook

<https://www.facebook.com/mongoliaSR>

Twitter

<https://twitter.com/MongoliaRace>



Instagram

<https://www.instagram.com/MongoliaStageRace>

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